

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Sausage or chicken biscuit (2) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Fruit frudel (variety of flavors)</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Biscuit & gravy (2) Cinnamon roll (3) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Glazed donut ring</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Breakfast pizza (2) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) PB&J Jamwich</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Pancakes (2) Fruit & yogurt parfait (3) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Blueberry waffle</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Scrambled eggs & toast (2) Dutch waffle (3) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Glazed donut ring</p>
<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>
<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white or chocolate</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white or chocolate</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white or chocolate</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white or chocolate</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white or chocolate</p>



Giles County Public Schools
Elementary/Middle Breakfast Cycle Menu
2023-24

Menus are subject to change.

"This institution is an equal opportunity provider."

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Sausage biscuit (2) Cinnamon roll (3) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Fruit frudel (variety of flavors)</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Breakfast pizza (2) Cereal variety & toast (3) Fruit & yogurt parfait</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Fruit smoothie (variety of flavors)</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Sausage or chicken biscuit (2) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Glazed donut ring (3) PB&J Jamwich</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Biscuit & gravy (2) Cereal variety & toast (3) Coffee cooler (flavor variety)</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors)</p>	<p><u>ENTREE</u> (select 1)</p> <p><i>Traditional Menu</i></p> <p>(1) Dutch waffle (2) Fruit & yogurt parfait (3) Cereal variety & toast</p> <p><i>Fast Break Menu</i></p> <p>(1) Benefit bar (variety of flavors) (2) Dutch waffle</p>
<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>	<p><u>FRUIT</u></p> <p><i>Traditional</i></p> <p>select 2 fruits or 1 fruit & 1 juice</p> <p><i>FastBreak</i></p> <p>select 1 fresh fruit</p>
<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white, chocolate, or strawberry</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white, chocolate, or strawberry</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white, chocolate, or strawberry</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white, chocolate, or strawberry</p>	<p><u>MILK VARIETY</u></p> <p>select 1 (fat free) white, chocolate, or strawberry</p>



**Giles County Public Schools
High School Breakfast Cycle Menu
2023-24**

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