

Giles County Public Schools

Press Release

December 7, 2016

Giles County Schools Will Expand Breakfast Programs

Giles County Public Schools applied for and received a grant through No Kid Hungry Virginia. Starting in January, students in all 5 schools will have two options for breakfast. One, the traditional breakfast, will be served in each cafeteria from 7:30 – 8:15 am. Fast Break, the new breakfast, will be served at a kiosk in the school hallway from 8:15 – 9:00 am. Students who participate in Fast Break will eat their breakfast in the classroom. Nationwide studies have proven that students who eat school breakfast achieve 17.5% higher scores in math and attend 1.5 more days of school each year, which make them 20% more likely to graduate from high school. Today, more than half of the over 530,000 students across Virginia who qualify for free or reduced price meals don't participate in breakfast at school. The traditional way of serving the morning meal (in cafeterias before school starts) does not reach all students due to late arrival. For others, there is a social stigma attached to going to the cafeteria in the morning. Alternative breakfast models improve participation by taking breakfast to the classroom and making it part of the school day. It's also a great way to close the gap and ensure that all students have access to a healthy breakfast. Please join us in promoting this new breakfast option. (Student breakfast prices are \$1.45 for elementary and \$1.50 for high school, traditional & fast break)