

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---|---|---|--|---|
| OCTOBER 14-18 NATIONAL SCHOOL LUNCH WEEK | (1) Chicken quesadilla 1 (2) Meatball sub (3) PB&J sandwich (WG) Tater tots Salsa Fiesta beans Fresh fruit or fruit variety | (1) Country style steak w/ gravy 2 (2) Corn dog (3) PB&J sandwich (WG) Mashed potatoes Broccoli with cheese Fresh fruit or fruit variety | (1) Buffalo chicken bites 3 (2) Salad bar (3) PB&J sandwich (WG) Carrot sticks w/ ranch Green beans Roll Fresh fruit or fruit variety | (1) Stuffed crust pizza 4 (2) Salad bar (3) PB&J sandwich (WG) Garden salad Corn Fresh fruit or fruit variety |
| (1) Salisbury steak 7 (2) Corn dog (3) PB&J sandwich (WG) Mashed potatoes Green beans Roll Fresh fruit or fruit variety | (1) Taco bar 8 (2) Burrito (3) PB&J sandwich (WG) Broccoli w/ cheese Salsa Carrot sticks w/ ranch Fresh fruit or fruit variety | (1) Chicken fries 9 (2) Rib-a-Que sandwich (3) PB&J sandwich (WG) Macaroni and cheese Corn Peas Fresh fruit or fruit variety | (1) Burger bar 10 (2) Salad bar (3) PB&J sandwich (WG) French fries Baked beans Fresh fruit or fruit variety | (1) Buffalo chicken pizza or cheese 11 (2) Salad bar (3) PB&J sandwich (WG) Garden salad Green beans Fresh fruit or fruit variety |
| (1) Breakfast for lunch 14 (2) PB&J sandwich (WG) Biscuit & gravy Scrambled eggs Potato rounds Salsa Fresh fruit or fruit variety | (1) Hot dog 15 (2) Corn dog (3) PB&J sandwich (WG) Sweet potato puffs Baked beans Cole slaw Fresh fruit or fruit variety | (1) Ham & cheese croissant 16 (2) Turkey & cheese croissant (3) PB&J sandwich (WG) Peas Fiesta beans Fresh fruit or fruit variety | (1) Lasagna roll up 17 (2) Salad bar (3) PB&J sandwich (WG) Broccoli w/ cheese Corn Garlic bread Fresh fruit or fruit variety | NO SCHOOL 18 |
| (1) BBQ sandwich (pork) 21 (2) Chicken nuggets (3) PB&J sandwich (WG) Sweet potato waffle fries Corn Goldfish crackers Fresh fruit or fruit variety | (1) Spicy chicken sandwich 22 (2) Chicken fillet sandwich (3) PB&J sandwich (WG) Broccoli w/ cheese Sidewinder fries Fresh fruit or fruit variety | (1) Asian glazed chicken 23 (2) Corn dog (3) PB&J sandwich (WG) Pinto beans Corn bread Carrots Fresh fruit or fruit variety | (1) Burger bar 24 (2) Salad bar (3) PB&J sandwich (WG) Crinkle fries Baked beans Fresh fruit or fruit variety | (1) Mozzarella sticks 25 (2) Salad bar (3) PB&J sandwich (WG) Green beans Salsa Fresh fruit or fruit variety |
| (1) Fish sandwich 28 (2) Chicken tenders (3) PB&J sandwich (WG) Cole slaw Onion rings Hushpuppies Fresh fruit or fruit variety | (1) Chicken quesadilla 29 (2) Meatball sub (3) PB&J sandwich (WG) Tater tots Salsa Fiesta beans Fresh fruit or fruit variety | (1) Country style steak w/ gravy 30 (2) Corn dog (3) PB&J sandwich (WG) Mashed potatoes Broccoli with cheese Fresh fruit or fruit variety | (1) Buffalo chicken bites 31 (2) Salad bar (3) PB&J sandwich (WG) Carrot sticks w/ ranch Green beans Roll Fresh fruit or fruit variety | |



**Giles County Public Schools
High School Lunch Menu**

OCTOBER, 2019

*Menus are subject to change. All meals are served with fat free milk.
You can now pay for meals online.
Go to www.MySchoolBucks.com to register.*

"This institution is an equal opportunity provider."