

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>ENTREE</b> (select 1)</p> <p><b>Traditional Menu</b> (cafeteria)</p> <p>(1) Crispy steak biscuit (2) Cereal variety &amp; toast</p> <p><b>Fast Break Menu</b> (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Fruit turnover (variety of flavors)</p>	<p><b>ENTREE</b> (select 1)</p> <p><b>Traditional Menu</b> (cafeteria)</p> <p>(1) Breakfast pizza (2) Cereal variety &amp; toast (3) Fruit &amp; yogurt parfait</p> <p><b>Fast Break Menu</b> (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Fruit smoothie (variety of flavors)</p>	<p><b>ENTREE</b> (select 1)</p> <p><b>Traditional Menu</b> (cafeteria)</p> <p>(1) Sausage or chicken biscuit (2) Cereal variety &amp; toast</p> <p><b>Fast Break Menu</b> (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Glazed donut ring</p>	<p><b>ENTREE</b> (select 1)</p> <p><b>Traditional Menu</b> (cafeteria)</p> <p>(1) Biscuit &amp; gravy (2) Cereal variety &amp; toast</p> <p><b>Fast Break Menu</b> (hallway kiosk)</p> <p>(1) PB&amp;J Jamwich (2) Glazed donut ring</p>	<p><b>ENTREE</b> (select 1)</p> <p><b>Traditional Menu</b> (cafeteria)</p> <p>(1) Dutch waffle (2) Cereal variety &amp; toast</p> <p><b>Fast Break Menu</b> (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Dutch waffle</p>
<p><b>FRUIT</b></p> <p><b>Traditional (cafeteria)</b> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><b>FastBreak (hallway kiosk)</b> select 1 fresh fruit</p>	<p><b>FRUIT</b></p> <p><b>Traditional (cafeteria)</b> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><b>FastBreak (hallway kiosk)</b> select 1 fresh fruit</p>	<p><b>FRUIT</b></p> <p><b>Traditional (cafeteria)</b> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><b>FastBreak (hallway kiosk)</b> select 1 fresh fruit</p>	<p><b>FRUIT</b></p> <p><b>Traditional (cafeteria)</b> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><b>FastBreak (hallway kiosk)</b> select 1 fresh fruit</p>	<p><b>FRUIT</b></p> <p><b>Traditional (cafeteria)</b> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><b>FastBreak (hallway kiosk)</b> select 1 fresh fruit</p>
<p><b>MILK VARIETY</b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b>MILK VARIETY</b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b>MILK VARIETY</b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b>MILK VARIETY</b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b>MILK VARIETY</b> select 1 (fat free) white, chocolate, or strawberry</p>



**Giles County Public Schools  
High School Breakfast Cycle Menu  
2019-20**

**TRADITIONAL MENU--served in  
the cafeteria (7:30-8:15)  
FAST BREAK MENU--grab & go  
options for students to eat in  
their first period classroom  
(hallway kiosk 8:15-9:00)**

*Menus are subject to change.  
Students are encouraged to pre-pay.*

*"This institution is an equal opportunity provider."*