

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b><u>ENTREE</u></b> (select 1)</p> <p><i>Traditional Menu (cafeteria)</i></p> <p>(1) Biscuit &amp; gravy (2) Cereal variety &amp; toast</p> <p><i>Fast Break Menu (hallway kiosk)</i></p> <p>(1) Benefit bar (variety of flavors) (2) Glazed donut ring</p>	<p><b><u>ENTREE</u></b> (select 1)</p> <p><i>Traditional Menu (cafeteria)</i></p> <p>(1) Sausage or chicken biscuit (2) Cereal variety &amp; toast</p> <p><i>Fast Break Menu (hallway kiosk)</i></p> <p>(1) Benefit bar (variety of flavors) (2) Fruit smoothie (variety of flavors)</p>	<p><b><u>ENTREE</u></b> (select 1)</p> <p><i>Traditional Menu (cafeteria)</i></p> <p>(1) Breakfast pizza (2) Cereal variety &amp; toast</p> <p><i>Fast Break Menu (hallway kiosk)</i></p> <p>(1) Fruit frudel (variety of flavors) (2) Fruit smoothie (variety of flavors)</p>	<p><b><u>ENTREE</u></b> (select 1)</p> <p><i>Traditional Menu (cafeteria)</i></p> <p>(1) Biscuit &amp; gravy (2) Cereal variety &amp; toast</p> <p><i>Fast Break Menu (hallway kiosk)</i></p> <p>(1) Cheesy egg slider (2) Glazed donut ring</p>	<p><b><u>ENTREE</u></b> (select 1)</p> <p><i>Traditional Menu (cafeteria)</i></p> <p>(1) Dutch waffle (2) Cereal variety &amp; toast</p> <p><i>Fast Break Menu (hallway kiosk)</i></p> <p>(1) Benefit bar (variety of flavors) (2) Dutch waffle</p>
<p><b><u>FRUIT</u></b></p> <p><i>Traditional (cafeteria)</i> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><i>FastBreak (hallway kiosk)</i> select 1 fresh fruit</p>	<p><b><u>FRUIT</u></b></p> <p><i>Traditional (cafeteria)</i> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><i>FastBreak (hallway kiosk)</i> select 1 fresh fruit</p>	<p><b><u>FRUIT</u></b></p> <p><i>Traditional (cafeteria)</i> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><i>FastBreak (hallway kiosk)</i> select 1 fresh fruit</p>	<p><b><u>FRUIT</u></b></p> <p><i>Traditional (cafeteria)</i> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><i>FastBreak (hallway kiosk)</i> select 1 fresh fruit</p>	<p><b><u>FRUIT</u></b></p> <p><i>Traditional (cafeteria)</i> select 2 fruits or 1 fruit &amp; 1 juice</p> <p><i>FastBreak (hallway kiosk)</i> select 1 fresh fruit</p>
<p><b><u>MILK VARIETY</u></b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b><u>MILK VARIETY</u></b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b><u>MILK VARIETY</u></b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b><u>MILK VARIETY</u></b> select 1 (fat free) white, chocolate, or strawberry</p>	<p><b><u>MILK VARIETY</u></b> select 1 (fat free) white, chocolate, or strawberry</p>



**Giles County Public Schools  
High School Breakfast Cycle Menu**

**TRADITIONAL MENU**--served in  
the cafeteria (7:30-8:15)  
**FAST BREAK MENU**--grab & go  
options for students to eat in  
their first period classroom  
(hallway kiosk 8:15-9:00)

*Menus are subject to change.  
Students are encouraged to pre-pay.*

*"This institution is an equal opportunity provider."*