

| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>   |
|--|---|---|--|---|
| <b>3</b><br>(1) Chicken nuggets or<br>(2) Chef salad<br>Broccoli with cheese<br>Peas<br>Pineapples or fresh fruit    | <b>4</b><br>(1) Nachos with meat & cheese or<br>(2) Chef salad<br>Refried beans<br>Salsa<br>Carrots<br>Mixed fruit or fresh fruit             | <b>5</b><br>(1) Grilled chicken sandwich or<br>(2) Chef salad<br>French fries<br>Peas<br>Applesauce or fresh fruit          | <b>6</b><br>(1) Salisbury steak or<br>(2) Chef salad<br>Parsley potatoes<br>Green beans<br>Roll<br>Fruit sidekick or fresh fruit                     | <b>7</b><br>(1) Stuffed crust pepperoni pizza or<br>(2) Chef salad<br>Garden salad with ranch<br>Corn<br>Peaches or fresh fruit |
| <b>10</b><br>(1) Hot ham & cheese or<br>(2) Chef salad<br>Green beans<br>Sweet potatoes<br>Applesauce or fresh fruit | <b>11</b><br>(1) Popcorn chicken or<br>(2) Chef salad<br>Broccoli with cheese<br>Garden salad with ranch<br>Roll<br>Pineapples or fresh fruit | <b>12</b><br>(1) Taco with cheese & salsa or<br>(2) Chef salad<br>Romaine/tomato<br>Refried beans<br>Peaches or fresh fruit | <b>13</b><br>(1) Hot dog or<br>(2) Chef salad<br>French fries<br>Cole slaw<br>Mandarin oranges or fresh fruit  | <b>14</b><br>(1) Cheese breadstick w/ sauce or<br>(2) Chef salad<br>Green beans<br>Tomato soup<br>Pears or fresh fruit          |
| <b>17</b><br>(1) BBQ on bun or<br>(2) Chef salad<br>Baked beans<br>Cole slaw<br>Applesauce or fresh fruit            | <b>18</b><br>(1) Spaghetti or<br>(2) Chef salad<br>Garden salad with ranch<br>Broccoli<br>Pears or fresh fruit                                | <b>19</b><br>(1) Hamburger or<br>(2) Chef salad<br>Romaine/tomato<br>Tater tots<br>Mandarin oranges or fresh fruit          | <b>20</b><br>(1) Asian glazed chicken or<br>(2) Chef salad<br>Baby baker potatoes<br>Carrots                      Brown rice<br>Pears or fresh fruit | <b>21</b><br>(1) Mozzarella pizza stick or<br>(2) Chef salad<br>Green beans<br>Corn<br>Peaches or fresh fruit                   |
| <b>24</b><br>(1) Mini corn dogs or<br>(2) Chef salad<br>Pinto beans<br>Corn<br>Applesauce or fresh fruit             | <b>25</b><br>(1) Fish nuggets or<br>(2) Chef salad<br>Broccoli with cheese<br>Baked beans<br>Pineapples or fresh fruit                        | <b>26</b><br>(1) Hamburger or<br>(2) Chef salad<br>Romaine/tomato<br>Tater tots<br>Mandarin oranges or fresh fruit          | <b>27</b><br>(1) Asian glazed chicken or<br>(2) Chef salad<br>Baby baker potatoes<br>Carrots<br>Roll<br>Pears or fresh fruit                         | <b>28</b><br><br><b>NO<br/>SCHOOL</b>   |
| <b>31</b><br>(1) Chicken nuggets or<br>(2) Chef salad<br>Broccoli with cheese<br>Peas<br>Pineapples or fresh fruit   |   |   |  |   |



**Giles County Public Schools  
Elementary/Middle Lunch Menu**

**OCTOBER, 2016**

*Menus are subject to change. All meals are served with fat free milk.  
You can now pay for meals online.  
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*"This institution is an equal opportunity provider."*